

Want your child to learn how to be a great leader.
Want your child to be physically and mentally fit.

The answer is WRESTLING.

Wrestling teaches self discipline and the value of hard work.
It builds confidence, mental toughness, and teaches self reliance.

Give your child the edge to success in life.



MASSAPEQUA YOUTH WRESTLING PROGRAM

Massapequa High School Wrestling Room

Tuesdays/Thursdays

Session 1: 6:30-7:30pm for Grades 1 - 3

Session 2: 7:30-9:00pm for Grades 4 - 6

Dates: Tuesday, November 14th - Thursday, February 8th

Cost: \$225 for entire season (*includes shirt and shorts*)

Register online at www.massapequawrestling.com

Bring check made payable to Friends of Massapequa Wrestling on first day.

Coaches:

Jason Layton, Massapequa Youth Wrestling Coach,
Owner of Dynamic Wrestling Academy, 2x All-American
and Ron Serrano, Conference 1A Coach of the Year 2013 - 2017

**MASSAPEQUA
WRESTLING**

MASSAPEQUA YOUTH WRESTLING PROGRAM

A DISTRICT-WIDE PROGRAM TEACHING STRENGTH, AGILITY,
HONOR, AND INTEGRITY IN STUDENT ATHLETES.

www.massapequawrestling.com

Massapequa Youth Wrestling Schedule: NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7 Election Day	8	9	10 <i>Veterans Day</i>	11
12 OFF	13	14 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	15	16 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	17	18
19 OFF	20	21 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	22	23 OFF Happy Thanksgiving	24 OFF	25
26 OFF	27	28 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	<u>29</u>	30 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm		

Massapequa Youth Wrestling Schedule: DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	6	7 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	8	9
10	11	12 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	13	14 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	15	16
17	18	19 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	20	21 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	22	23 Off Xmas
24 Xmas off	25 XMAS off	26 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	27-	28	29	30

Massapequa Youth Wrestling Schedule: January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 New Years	2 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	3	4 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	5	6
7	8	9 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	10	11 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	12	13
14 Massapequa Youth Tournament 715 am	15	16 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	17	18 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	19	20
21	22	23 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	24	25 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	26	27
28	29	30 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	31			

Massapequa Youth Wrestling Schedule: February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	7	8 Massapequa Youth Grades 1-3 630pm-730pm Grades 4-6 730pm-9pm	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28-			